



Rosemary Shampoo Bar

How to use

Wet your hair thoroughly: Before applying the shampoo bar, ensure your hair is saturated with water.

Rub the shampoo bar between your hands or directly on your hair: You can rub the bar between your hands to create a lather, or rub it directly onto your hair. Start at the roots and work your way down to the tips, massaging it into your scalp and hair. You can also gently run the shampoo bar along the length of your hair for additional cleansing

Massage and lather: Using your fingertips, massage the lather into your scalp using circular motions. This helps to stimulate blood circulation and distribute the shampoo evenly. Continue lathering until you feel your hair is thoroughly cleansed.

Rinse thoroughly: Rinse your hair under running water until all the shampoo is washed out. Make sure to rinse out all the lather to avoid any residue.

Repeat if desired: Depending on your hair's needs and level of oiliness, you can choose to repeat the process for a second round of cleansing. Some people find that a single wash is sufficient, while others prefer a double cleanse.

Follow with conditioner (if needed): After rinsing out the shampoo, you can follow up with a conditioner if your hair requires additional moisture. Apply the conditioner to the lengths and ends of your hair, avoiding the scalp.

Rinse and towel dry: Rinse out the conditioner thoroughly, and then gently squeeze out excess water from your hair. Pat your hair dry with a towel, or use a soft T-shirt to absorb excess moisture.

Allow the shampoo bar to dry: After use, place the shampoo bar in a well-draining soap dish or container and allow it to dry between uses. This helps to extend its lifespan and prevent it from becoming soft.

Note: Remember, it may take a few washes for your hair to adjust to using shampoo bars, especially if you are transitioning from conventional liquid shampoos. Give it some time, and you will likely notice the benefits of using shampoo bars, such as reduced product buildup, increased volume, and healthier-looking hair.

Caution: If any reaction occurs, stop using the product immediately.

Contents: Organic Soap Base, Ricinus communis (Castor Oil), Argania spinosa (Argan Oil), Rosmarinus officinalis (Rosemary Oil), Santalum album (Sandalwood oil) and Mentha (Peppermint Oil)

This product is designed to help with preventing further hair loss. It contains **no** Sodium Laurel Sulphate or Parabens, which can damage the hair follicle. Rosemary helps to stimulate the hair follicle and hair growth.